

AI models are usually trained to be helpful and agreeable, so they often tell you what you want to hear, not what you need to hear.

They're encouraging and supportive, adapting to your tone and assumptions.

But they can avoid critical feedback and may reinforce your biases.

Make sure you ask AI for critique, counterarguments, and challenges instead of just letting it validate you.

**Don't let AI flatter you into complacency.
Growth comes from challenge.**



Chat with
me here:



The PEOPLE PLEASER

"I'll tell you what you want to hear :)"



Image generated by ChatGPT

The TUTOR

“I won’t do it for you – but I can help you learn to do it!”

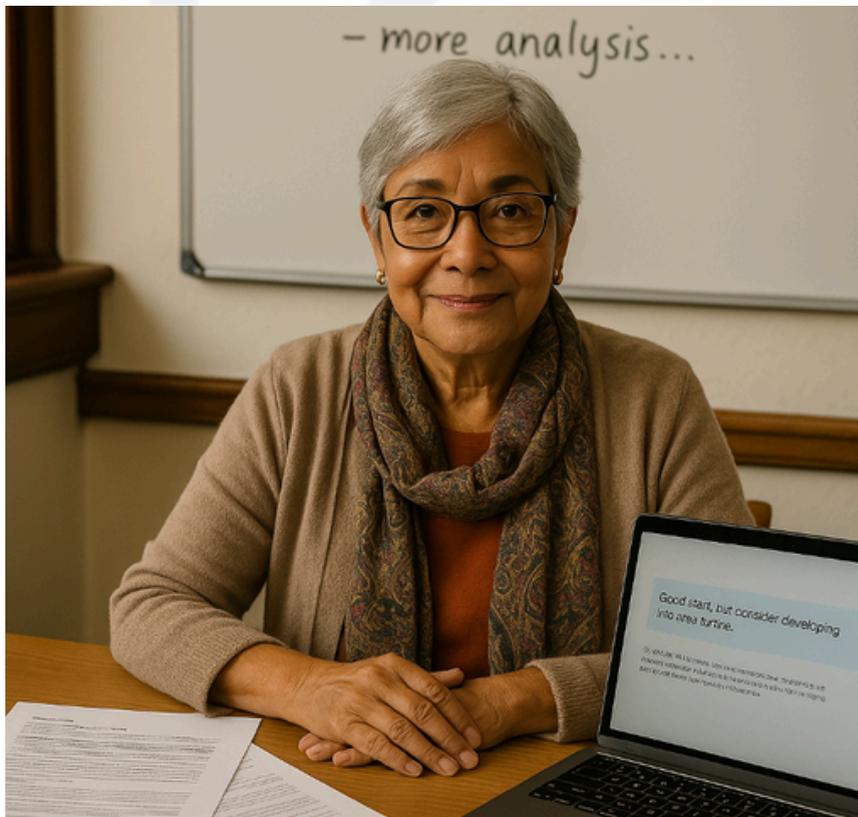


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AI can help you learn through interactive dialogue and personalised explanations.

It can break down complex ideas, ask you questions, and engage you with discussions, working at your pace.

Ask questions like you would with a new human tutor – be specific about your subject, level, and learning goals.

Use AI to enhance your learning process, not to bypass it.



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Generative AI acts like a “Semantic Translator” – changing form while preserving meaning.

It can simplify complex academic texts, define specialised terms, and summarise dense information.

It can even do this across different modes like text, speech, and images.

AI can help you to communicate academically, but the core ideas and arguments must be your own.

AI can remove the linguistic barriers to reading and writing, but not the need for critical thinking.



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The TRANSLATOR

“I can help you understand and express ideas effectively!”



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The INTERN

“I’m happy to help – just don’t expect perfection!”



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AI is like an enthusiastic, always-available intern.

They have many skills like summarising, transcription, scheduling, giving examples, creating visuals.

But they need clear, detailed, specific instructions to work effectively.

Keep in mind, they make mistakes, so you need enough expertise to check and correct their work.

Your AI intern can act as a helpful assistant, but you must develop and maintain your critical thinking skills and subject expertise.



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The STRANGER

You met someone at a pub who seems very knowledgeable about your field.

They share impressive insights with complete confidence.

But, you don't know their credentials or even where the information comes from.

Would you cite (Pub Stranger, 2025) in your academic work?

Always verify AI outputs against citable academic research.



Chat with
me here:



“Nice chatting to you. Good luck with your work!”



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